ENGAGING ADOLESCENTS™
PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers at

Emmanuel Christian School
1 Chipmans Road Rokeby
6.30 – 8.30 pm, Wednesday 11, 18 and 25 June 2014

Learn:

✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
✓ New understandings of adolescence
✓ A three-option model & flow chart for decision-making
✓ Self check-in, first - for parents.
✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
✓ Skills for tough conversations for handling those problems you just can’t ignore

Registration Fee
This is a free course hosted by Emmanuel Christian School.

Register for this course by contacting the school office or Anne Sakaris.

What parents have said...
A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who’s running it?
The trainers for this course are Elaine Gillie and Mara Lovrin from Anglicare Tasmania. Both presenters have completed Parentshop’s Engaging Adolescents training in June 2013. Elaine is a trained counsellor with ten years experience counselling adolescents. Mara has a teaching background and combines this expertise with her current counselling practice.

For further information, contact Anne Sakaris 6247 8476
or email asakaris@emmanuel.tas.edu.au

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au